

**4 Year Well Child Check**

Name \_\_\_\_\_

Allergies \_\_\_\_\_ Current Meds \_\_\_\_\_

**Is your child healthy?** Yes No \_\_\_\_\_

Has your child had any recent illness? No Yes \_\_\_\_\_

Has your child had any recent injuries? No Yes \_\_\_\_\_

Does your child take a vitamin or supplement? Yes No

**Is there Fluoride in your drinking water? (city water=yes)** Yes No

Does your family eat a well-balanced diet? Yes No

Does your child stool at least once daily? Yes No \_\_\_\_\_

Is your child dry at night? Yes No \_\_\_\_\_

**Has there been any recent change to your family structure?** No Yes \_\_\_\_\_

Does anyone in your household smoke? No Yes

Is your child in childcare? No Yes \_\_\_\_\_

*Are you familiar with the 5-3-2-1-0 Healthy Lifestyles?* Yes No

*Do you have concerns about behavior or discipline?* No Yes \_\_\_\_\_

*Does your child see a dentist?* Yes No

*Are there any unsecured firearms in the house?* No Yes \_\_\_\_\_

*Does your child have more than 2 hrs of screen time/day?* No Yes

*Is your child in a car seat or booster seat?* Yes No

*Do you have any other concerns?* \_\_\_\_\_

\_\_\_\_\_  
\_\_\_\_\_

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**Development (Do not complete if given the Ages and Stages Questionnaire)**

Does your child sing a song?	Yes	No
Does your child draw a person with 3 parts?	Yes	No
Is your child aware that of his/her gender?	Yes	No
Does you child know the difference between fantasy and reality?	Yes	No
Does your child speak in sentences?	Yes	No
Does your child know his/her first and last name?	Yes	No
Does your child know 3-4 colors?	Yes	No
Does your child talk about his/her day?	Yes	No
Does your child button his/her clothes?	Yes	No
Does your child build a tower with 10 blocks?	Yes	No
Does your child hop or jump on one foot?	Yes	No
Does your child ride a bike with training wheels?	Yes	No
Does your child throw a ball overhead?	Yes	No
Can your child put toys away?	Yes	No

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