

**15 - 17 Year Physical**

For parent to fill out:

**Female**

Name of Child: \_\_\_\_\_

**Is your teenager's general health OK?** Yes No \_\_\_\_\_

Has your teen had any recent illnesses or injuries? No Yes \_\_\_\_\_

Please list any allergies your teen has: \_\_\_\_\_

Please list all of your teen's medications: \_\_\_\_\_

Does your teen exercise regularly? Yes No \_\_\_\_\_

**Do you have any concerns about teen's eating habits?** No Yes \_\_\_\_\_

Does your teen have a job? Yes No \_\_\_\_\_

Does your teen have their driver's license? Yes No \_\_\_\_\_

Has your teen started her periods? Yes No \_\_\_\_\_

Does your teen have any ideas about their future plans? Yes No \_\_\_\_\_

**Have their been any family changes?** No Yes \_\_\_\_\_

Do you have any concerns about your relationship  
with your child? No Yes \_\_\_\_\_

May the Dr., NP or PA interview your teen privately? Yes No \_\_\_\_\_

*Do you have any concerns with your child's sleeping?* No Yes \_\_\_\_\_

*Do you use 5-3-2-1-0 in your family?* Yes No \_\_\_\_\_

*Does your child watch more than 2 hrs/day of screen time?* No Yes \_\_\_\_\_

**Do you have any other concerns?** \_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

**15 - 17 Year Physical Form**

For youth to fill out:

**Female**

Name: \_\_\_\_\_

What grade are you in? \_\_\_\_\_ What school do you attend? \_\_\_\_\_

What is your average letter grade? \_\_\_\_\_

**What do you do for fun?** ..... Sports Exercise Shopping Other \_\_\_\_\_

Do you have times when you feel down or depressed? No Yes \_\_\_\_\_

Who do you confide in with your feelings? ..... Family Friends Other \_\_\_\_\_

Have any of your friends or relatives tried suicide? No Yes

Do you have thoughts of hurting yourself? No Yes

How do you feel about your appearance? ..... Good Bad Other \_\_\_\_\_

Do you smoke, drink or use drugs? No Yes

Are there any unsecured firearms in your home? No Yes

**Is schoolwork difficult for you?** **No** **Yes**

How often are you absent from school? ..... Never Sometimes A lot \_\_\_\_\_

Are you dating? Yes No

Do you have a steady relationship with one person? Yes No

Do you have any questions or worries about sex? Yes No

Have you started having sex? No Yes

If you are having sex, what kind of birth control do you use? . . . . Condoms BCP's Other \_\_\_\_\_

*Is there anything you would like to talk about that you don't want to write down?* Yes No

**On a 1 to 5 scale, how do you feel your life is going?** .

*Terrible* *OK* *Great* .  
1 2 3 4 5 .

**Do you have any other concerns?** \_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_