

12 Month Well Child Check

Name _____

Allergies _____ Current Meds _____

Is your baby healthy? Yes No _____

Has your baby had any injuries? No Yes _____

Does your baby have any problem with stools or urinating? No Yes _____

Does your baby have any problem with sleep? No Yes _____

Does your baby have any feeding problems? No Yes _____

If breastfeeding, how often is your baby nursing? _____

Does your baby drink whole milk? If so, how many oz/day? _____

How many meals per day does your baby eat? _____

Is your baby drinking from a cup or sippy cup? Yes No _____

Does your baby take a vitamin? Yes No

Is there Fluoride in your drinking water? (city water=yes) Yes No

Does your home have a safe, adequate heat source? Yes No

Does your family eat a balanced diet? Yes No

Does your baby have a well-rounded diet? Yes No _____

Has there been any recent change to your family structure? No Yes _____

Does anyone in your household smoke? No Yes

Is your baby in childcare? No Yes _____

Have you begun to wean your baby from the bottle? Yes No

Does your baby take naps? Yes No _____

Are you familiar with the 5-3-2-1-0 Healthy Lifestyles? Yes No

Does your baby ride in a rear facing car seat? Yes No

Do you have any other concerns? _____

Development (Do not complete if given Ages and Stage_Questionnaire)

Does your baby say 1 to 3 words?	Yes	No
Does your baby pull to stand?	Yes	No
Does your baby stand alone?	Yes	No
Does your baby walk?	Yes	No
Does your baby use his/her index and thumb to pick up small items?	Yes	No
Does your baby use his/her index finger to point?	Yes	No
Does your baby bang two blocks together?	Yes	No
Does your baby look for dropped or hidden items?	Yes	No
Does your baby feed him/herself?	Yes	No
Does your baby drink from a sippy cup or cup?	Yes	No
Does your baby wave bye-bye?	Yes	No
Does your baby understand No?	Yes	No
Does your baby play peek-a-boo?	Yes	No
